

2024

**Atlanta Community Schools** 

## **High School Menu**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Grilled Cheese Tomato Soup Salad Bar, Fruit & Milk	Walking Taco Salad Bar, Fruit & Milk	Popcorn Chicken Mashed Potatoes Gravy, Corn, Breadstick, Salad Bar, Fruit & Milk	4
5	Chicken Breast Redskins, Biscuit Salad Bar, Fruit & Milk	7 Pretzel Yogurt, Cheese Cup Salad Bar, Fruit & Milk	Pizza Sub Fries Salad Bar, Fruit & Milk	French Toast Hash browns, Sausage Links Salad Bar, Fruit & Milk	Chicken Tenders Sun Chips Salad Bar, Fruit & Milk	11
12	Philly Sub Salad Bar, Fruit & Milk	14 Chicken Nugget Chips Salad Bar, Fruit & Milk	Hamburger Fries Salad Bar, Fruit & Milk	Nacho's Guacamole Salad Bar, Fruit & Milk	Pizza Goldfish Salad Bar, Fruit & Milk	18
19	Chicken Sandwich Fries Salad Bar, Fruit & Milk	Calzone Sweet Potato Fries Salad Bar, Fruit & Milk	Sub Day Chips Salad Bar, Fruit & Milk	Walking Taco Refried Beans Salad Bar, Fruit & Milk	Chicken Day Salad Bar, Fruit & Milk	25
26	No School Memorial Day	Cook's Choice Salad Bar, Fruit & Milk	Cook's Choice Salad Bar, Fruit & Milk	Cook's Choice Salad Bar, Fruit & Milk	Cook's Choice Salad Bar, Fruit & Milk	

## Breakfast & Lunch is free to all students

Menu is subject to change. This institution is an equal opportunity provider and employer.

- 1. Fresh fruit & vegetable are offered daily
- 2. No trans-fat in the food offered
- 3. All breads and grains offered are whole grain

- 4. Calories are limited for different grade levels
- 5. Only nonfat and flavored nonfat milk offered
- 6. Students must have a fruit or vegetable with their meal
- 7. Reduced sodium items such as cheese, taco meat, turkey breast, pizza and more purchased
- 8. Low fat dressings for salads are offered
- 9. An alternative meal can be substituted of peanut butter and jelly sandwich, goldfish & cheese stick. If the student doesn't want the meal planned for the day
- 10. Cereal, muffin, cheese stick, fruit juice & milk offered every day at breakfast
- 11. Fresh vegetable bar offered daily at lunch